

# 2026 Primary Care Symposium

Presented by  
Ascension Saint Thomas  
Office of Continuing Medical Education

**Friday and Saturday**  
**May 1-2, 2026**

Virtually via Zoom



Ascension Saint Thomas

# 2026 Primary Care Symposium

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Friday and Saturday, May 1-2, 2026 | Virtually via Zoom

## Course Information

Please join us for our virtual, two-day 2026 *Primary Care Symposium*! This education will focus on equipping primary care providers with the latest guidelines and strategies for delivering exceptional care to patients with common medical conditions. **Participation in the Prescribing Controlled Substances Section is designed to offer 2.0 hours of continuing education applicable to the 8-hour DEA Medication Access and Training Expansion (MATE) Act requirements, and will meet the Tennessee Department of Health's licensure renewal requirements for 2.0 hours of continuing education in controlled substance prescribing, including chronic pain guidelines.**

## DAY ONE AGENDA - Friday, May 1, 2026

7:30 a.m.	Conference Check-In
8:00 a.m.	<b>Welcome &amp; Course Introduction</b> <i>Michael P. McCutchen, MD</i>
<b>Updates in Cardiovascular Care</b>	
8:10 a.m.	<b>Management of Chronic Heart Failure</b> <i>Jessica H. Huston, MD</i>
8:45 a.m.	<b>AFib is Rising...So Are We</b> <i>Jonathan Gandhi, MD</i>
9:20 a.m.	<b>Renal Denervation: What's the Hype About?</b> <i>Hady T. Lichaa, MD, FACC, FSCAI, FSVM, RPVI</i>
9:55 a.m.	<b>Q &amp; A</b>
10:05 a.m.	<b>Break</b>
10:15 a.m.	<b>Reading Between the Leads: Smart Cardiac Testing for Primary Care</b> <i>Andrew O. Zurick, III, MD, FACC, FASE, FSCMR</i>
10:50 a.m.	<b>Navigating POTS: Understanding Mechanisms and Management of a Challenging Syndrome</b> <i>Hannah L. Fish-Trotter, MD</i>
11:25 a.m.	<b>Q &amp; A</b>
11:35 a.m.	<b>Lunch</b>
<b>Updates in Behavioral Health</b>	
12:00 p.m.	<b>Patient Acuity and Risk Assessment</b> <i>David Wood, LPC-MHSP</i>
12:45 p.m.	<b>Mood Stabilizers</b> <i>Jennifer Wheeler, DO</i>
1:30 p.m.	<b>Q &amp; A</b>
1:40 p.m.	<b>Break</b>
1:50 p.m.	<b>Treatment of Depression and Anxiety in the General Population</b> <i>Roy Asta, MD</i>
2:35 p.m.	<b>Q &amp; A</b>
2:45 p.m.	<b>Closing Remarks</b> <i>Michael P. McCutchen, MD</i>
3:00 p.m.	<b>Adjourn</b>

## DAY TWO AGENDA - Saturday, May 2, 2026

7:30 a.m.	Conference Check-In
8:00 a.m.	<b>Welcome &amp; Course Introduction</b> <i>Michael P. McCutchen, MD</i>
<b>Updates in Women's Health</b>	
8:10 a.m.	<b>Menopause Matters: A Practical Guide for PCPs</b> <i>Lisa D. Milam, MSN, WHNP-BC</i>
8:45 a.m.	<b>Overactive Bladder: Identifying Patients &amp; Starting Treatment</b> <i>Lisa H. Jambusaria, MD</i>
9:20 a.m.	<b>Q &amp; A</b>
9:30 a.m.	<b>Break</b>

9:40 a.m.	<b>Update on Genetic Breast Cancer Screening for Primary Care</b> <i>Smita Rao, MBBS, MS</i>
10:15 a.m.	<b>Q &amp; A</b>
<b>Additional Primary Care Updates</b>	
10:25 a.m.	<b>When Diabetes Doesn't Fit the Mold: Identifying and Managing Non-Traditional Presentations</b> <i>Gabrielle E. Hall, PharmD</i>
11:00 a.m.	<b>Effects of GLP1 Use on Metabolic Disease</b> <i>Angelina Cain, MD</i>
11:35 a.m.	<b>Q &amp; A</b>
11:45 a.m.	<b>Lunch</b>
12:15 p.m.	<b>Kidney Transplant: The Gold Standard Treatment for Late Stage 4 CKD and ESRD</b> <i>Jacfranz J. Guiteau, MD</i>
12:50 a.m.	<b>Q &amp; A</b>
<b>Prescribing Controlled Substances</b>	
1:00 p.m.	<b>Appropriate Controlled Substance Prescribing in TN</b> <i>W. Reeves Johnson, Jr., MD, FAAFP</i>
2:00 p.m.	<b>Break</b>
2:10 p.m.	<b>Appropriate Controlled Substance Prescribing in TN</b> <i>W. Reeves Johnson, Jr., MD, FAAFP</i>
3:10 p.m.	<b>Q &amp; A</b>
3:20 p.m.	<b>Closing Remarks</b> <i>Michael P. McCutchen, MD</i>
3:30 p.m.	<b>Adjourn</b>

## Accreditation and Credit Designation Statements

Ascension Saint Thomas is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



Ascension Saint Thomas designates this live activity for a maximum of 12.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12.0 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Allied Health Professionals and other learners will receive a Certificate of Participation following this course.

Participation in the Prescribing Controlled Substances Section is designed to offer 2 hours of continuing education applicable to the 8-hour DEA Medication Access and Training Expansion (MATE) Act requirements, and will meet the Tennessee Department of Health's licensure renewal requirements for 2.0 hours of continuing education in controlled substance prescribing, including chronic pain guidelines.

**Register Online**  
**ast.cloud-cme.com**

To register, please visit our new website [ast.cloud-cme.com](http://ast.cloud-cme.com). If you had an account on our previous site and are accessing our new site for the first time, please click "Sign In" and "Forgot Your Password?" to reset your password. If you have never received credits from AST CME, please create a new account. If you do not receive a confirmation email upon registration, please email [astcme@ascension.org](mailto:astcme@ascension.org). **Zoom instructions and conference information will be emailed the week of the conference.**



## Symposium Planners and Faculty

### Course Director

#### Michael P. McCutchen, MD, MBA

Family Medicine Physician  
Ascension Saint Thomas Medical Partners Mount Juliet  
Assistant Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of Medicine

### Section Leaders, Planners, and Faculty

#### Roy Asta, MD - Faculty

Psychiatry

#### Angelina Cain, MD - Faculty

Chief Medical Officer  
PathPoint Health

#### Hannah L. Fish-Trotter, MD - Faculty

Cardiology  
Ascension Saint Thomas Heart  
Assistant Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of Medicine

#### Jonathan Gandhi, MD - Faculty

Cardiac Electrophysiology  
Ascension Saint Thomas Heart Midtown  
Assistant Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of Medicine

#### Jacfranz J. Guiteau, MD - Faculty

Kidney Transplant Surgery  
Ascension Saint Thomas Hospital West

#### Gabrielle E. Hall, PharmD - Faculty

PGY2 Ambulatory Care Pharmacy Resident  
Ascension Saint Thomas Medical Partners

#### Jonathan Hughes, PharmD, BCACP - Planner

Ambulatory Care Pharmacy Manager  
Ascension Saint Thomas Medical Partners  
Residency Program Director, Ascension Saint Thomas PGY2 Ambulatory Care  
Assistant Professor, Department of Clinical Pharmacy and Translational Science  
University of Tennessee Health Science Center College of Pharmacy

#### Jessica H. Huston, MD - Faculty

Medical Director, Cardiac Transplant  
Advanced Heart Failure, Pulmonary Hypertension, and Cardiac Transplant  
Ascension Saint Thomas Heart West  
Assistant Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of Medicine

#### Lisa H. Jambusaria, MD - Faculty

Urogynecology  
Ascension Saint Thomas Medical Partners Center for Female Pelvic Medicine  
Assistant Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of Medicine

#### W. Reeves Johnson, Jr., MD, FAAFP - Faculty

Family Medicine Physician

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## Registration Form for Email, Fax, or U.S. Mail

### 2026 Primary Care Symposium

Virtual via Zoom | Friday and Saturday, May 1-2, 2026

Name \_\_\_\_\_

\_\_\_MD \_\_\_DO \_\_\_PharmD \_\_\_NP \_\_\_PA \_\_\_RN

\_\_\_Other \_\_\_\_\_

Email \_\_\_\_\_

Specialty \_\_\_\_\_

Telephone (\_\_\_\_\_) \_\_\_\_\_

Practice Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

\_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

#### REGISTER FOR ENTIRE SYMPOSIUM - 12.0 AMA PRA Category 1 Credits™

- \_\_\_ \$310.00 Physician - Entire Symposium
- \_\_\_ \$250.00 Non-Physician - Entire Symposium
- \_\_\_ \$75.00 Resident/Fellow/Student - Entire Symposium
- \_\_\_ \$0.00 UTHSC Nashville Resident Physician/Fellow Physician - Entire Symposium
- \_\_\_ \$0.00 Ascension Saint Thomas Non-Physician Associate - Entire Symposium: ID Number \_\_\_\_\_

- OR -

#### REGISTER FOR FRIDAY ONLY - 5.75 AMA PRA Category 1 Credits™

- \_\_\_ \$165.00 Physician - Friday Only
- \_\_\_ \$135.00 Non-Physician - Friday Only
- \_\_\_ \$50.00 Resident/Fellow/Student - Friday Only
- \_\_\_ \$0.00 UTHSC Nashville Resident Physician/Fellow Physician - Friday Only
- \_\_\_ \$0.00 Ascension Saint Thomas Non-Physician Associate - Friday Only: ID Number \_\_\_\_\_

- OR -

#### REGISTER FOR SATURDAY ONLY - 6.25 AMA PRA Category 1 Credits™

- \_\_\_ \$180.00 Physician - Saturday Only
- \_\_\_ \$145.00 Non-Physician - Saturday Only
- \_\_\_ \$50.00 Resident/Fellow/Student - Saturday Only
- \_\_\_ \$0.00 UTHSC Nashville Resident Physician/Fellow Physician - Saturday Only
- \_\_\_ \$0.00 Ascension Saint Thomas Non-Physician Associate - Saturday Only: ID Number \_\_\_\_\_

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Card Number \_\_\_\_\_

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Signature \_\_\_\_\_

#### Payment Options:

- **Scan and Email form to** [astcme@ascension.org](mailto:astcme@ascension.org)
- **Fax form to** (615) 222-6464
- **Make check payable to Ascension Saint Thomas and mail with form to:**  
Continuing Medical Education  
Ascension Saint Thomas Hospital West  
4220 Harding Road  
Nashville, TN 37205

#### CANCELLATION POLICY

If it is necessary to cancel your registration, please email [astcme@ascension.org](mailto:astcme@ascension.org) by Friday, April 17, 2026. We will refund your fee less \$25.00. No refund will be given after Friday, April 17, 2026.

*If you happen to receive more than one brochure, please share with a colleague. Thank you!*

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### *Symposium Planners and Faculty continued*

**Jimmy L. Kerrigan, MD, FACC, FSCAI, FASNC, RPVI - Section Leader**

Interventional Cardiology  
Co-Director, Advanced Coronary Therapeutics Program  
Co-Director, Pulmonary Embolism Response Team  
Ascension Saint Thomas Heart West  
Chair, Ascension Chronic Total Occlusion Interventional  
Cardiology Affinity Group  
Assistant Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of  
Medicine

**Hady T. Lichaa, MD, FACC, FSCAI, FSVM, RPVI - Faculty**

Interventional Cardiology  
Ascension Saint Thomas Heart  
Regional Cardiovascular Service Line Director  
Ascension Saint Thomas Heart Rutherford  
Associate Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of  
Medicine

**Christy Martin, MBA - Planner**

Director  
Ascension Saint Thomas

**Lisa D. Milam, MSN, WHNP-BC - Faculty**

Women's Health  
Ascension Saint Thomas Medical Partners Center for Female  
Pelvic Medicine

**Matt O'Dell, RN, BSN, MHA - Planner**

Director of Clinical Quality, Patient Safety, and ACO Care  
Management  
Ascension Saint Thomas Medical Partners

**Smita Rao, MBBS, MS - Faculty**

Founder & CEO  
Genexsure LLC

**David Wood, LPC-MHSP - Section Leader and Faculty**

Tennessee and Florida State Director  
Family Care Center

**Jennifer Wheeler, DO - Faculty**

Psychiatry  
Regional Medical Director  
Family Care Center

**Andrew O. Zurick, III, MD, FACC, FASE, FSCMR - Faculty**

Preventive & Imaging Cardiology  
Medical Director, Cardiovascular CT & MRI  
Ascension Saint Thomas Heart  
Assistant Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of  
Medicine

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### Financial Disclosures

Ascension Saint Thomas is committed to providing CME that is balanced, objective, and evidence-based. In accordance with the Accreditation Council for Continuing Medical Education Standards for Integrity and Independence in Accredited Continuing Education, all individuals who have the opportunity to control content are required to disclose any financial relationships within the past 24 months with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. Ascension Saint Thomas has established mechanisms to mitigate relevant financial relationships. Disclosure of relevant financial relationships with ineligible companies will be provided to learners prior to the activity.

### Special Accommodations

Ascension Saint Thomas believes that participation should be available for all individuals. If you are in need of individualized accommodations, please contact the Ascension Saint Thomas Office of Continuing Medical Education at [astcme@ascension.org](mailto:astcme@ascension.org).